

Greene County Public Health

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Press Release

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Greene County Public Health Supports Men's Health Month 2025: Closing the Empathy Gap

XENIA, OH – Greene County Public Health is proud to join the national effort to recognize Men's Health Month all of June and Men's Health Week (June 9–15, 2025), which ends on Father's Day.

This year's theme, "Closing the Lifespan Gender Gap & Addressing the Empathy Gap," urges action to support the physical, mental, and emotional health of men and boys. At Greene County Public Health, our work is directly connected to men's health. Whether through various wellness initiatives, community outreach, or prevention efforts, we recognize that improving men's well-being strengthens families and fosters healthier communities. Men die on average six years earlier than women, often from preventable causes. Men's health issues like prostate cancer, testicular cancer, and suicide receive far less attention and funding. It's time to change that, starting with empathy.

Ways to Support Men's Health Month:

- Wear Blue every Friday in June to show support.
- Use #ShowUsYourBlue and #WearBlue on social media
- Order awareness items at: MensHealthNetwork.org/store
- Listen to the podcast "*Public Health Matters*," produced by Greene County Public Health, when it drops on Wednesday, June 18, 2025. The guest will be Mike Leventhal from Men's Health Network. Available wherever you get your podcasts.

Together, we can close the empathy gap and create a future where men's health is a shared priority. To learn more about Men's Health Month, visit <u>www.menshealthmonth.org</u>.

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