

Press Release

For Immediate Release

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National Weather Service Issues Heat Advisory for Greene County

Public Health Reminds Residents of Health Risks

XENIA, OH – The National Weather Service in Wilmington, Ohio, has issued a **HEAT ADVISORY** for all of Greene County, effective now through Wednesday, June 25, 2025. Greene County Public Health wants to remind the public that the heat and humidity are forecast to be high over the next few days, and caution should be taken when outdoors for extended periods. Extremely high or unusually hot temperatures can affect your health. **The most vulnerable people include the elderly, those who work or exercise outdoors, infants and children, people who are experiencing homelessness, and individuals with chronic medical conditions.**

Young children and pets should never be left unattended in vehicles under any circumstances. This is especially true during warm or hot weather when car interiors can reach lethal temperatures in a matter of minutes.

Public Health recommends that everyone pay particular attention to the following suggestions:

Stay cool

- Stay in air-conditioned buildings. Local libraries are great places to escape the heat.
- Do not rely on a fan as your primary cooling device.
- Limit outdoor activity, especially midday when it is the hottest part of the day and avoid direct sunlight.
- Wear loose, lightweight, light-colored clothing.
- Take cool showers or baths to lower your body temperature.
- Adjust blinds, shades, curtains, and awnings to keep out the sun.
- Check on at-risk friends, family, and neighbors at least twice a day.
- Children and pets should not be left unattended in closed vehicles. Temperatures can reach dangerous levels rapidly.

Stay hydrated

- Drink more than usual and don't wait until you're thirsty to drink.

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Greene County Public Health

Melissa Howell, MS, MBA, MPH, RN, RS, Health Commissioner
Kevin L. Sharrett, MD, Medical Director

- Drink two to four cups of water every hour while working or exercising outside.
- Avoid alcohol or liquids containing high amounts of sugar.
- Make sure your family, friends, and neighbors are drinking enough water.

Stay informed

- Check your local news for extreme heat warnings and safety tips.
- Visit www.gcph.info to find local information and tips for preventing heat sickness.
- Keep your friends, family, and neighbors aware of weather and heat safety information.

Additionally, Greene County Public Health encourages all residents to learn the signs and first aid response for heat-related illness. Warning signs and symptoms vary, but may include:

Heat Exhaustion

Symptoms

- Heavy sweating,
- Weakness,
- Skin cold, pale, and clammy,
- Weak pulse,
- Fainting and vomiting.

What You Should Do

- Move to a cooler location,
- Lie down and loosen your clothing,
- Apply cool, wet cloths to as much of your body as possible,
- Sip water,
- If you have vomited and it continues, seek medical attention immediately.

Heat Stroke

Symptoms

- High body temperatures (above 103°F),
- Hot, red, dry or moist skin,
- Rapid, strong pulse,
- Possible unconsciousness.

What You Should Do

- Call 911 immediately – **this is a medical emergency,**
- Move the person to a cooler environment,
- Reduce the person's body temperature with cool cloths or even a bath,
- Do **NOT** give fluid

Cooling Centers will be available at the locations below:

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| • Beaver Creek Senior Center | 3868 Dayton Xenia Rd., Beaver Creek | 937-426-6166 |
| • Fairborn Senior Center | 325 N 3rd St., Fairborn | 937-878-4141 |
| • Yellow Springs Senior Center | 227 Xenia Ave., Yellow Springs | 937-767-5751 |
| • Beaver Creek Community Library | 3618 Dayton-Xenia Rd., Beaver Creek | 937-352-4001 |
| • Cedarville Community Library | 20 South Miller St., Cedarville | 937-352-4006 |
| • Fairborn Community Library | 1 East Main St., Fairborn | 937-878-9383 |

360 Wilson Drive, Xenia, Ohio 45385 | (937) 374-5600 | Fax (937) 374-5675 | www.greenecophoh.gov



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• Jamestown Community Library	86 Seaman Dr., Jamestown	937-352-4005
• Winters-Bellbrook Community Library	57 West Franklin St., Bellbrook	937-352-4004
• Xenia Community Library	76 East Market St., Xenia	937-352-4000
• Yellow Springs Community Library	415 Xenia Ave., Yellow Springs	937-352-4003
• John Bryan Community Center	100 Dayton St., Yellow Springs	937-767-7202
• Fairborn Police Department Lobby	70 W. Hebble Ave., Fairborn	937-754-3000

For more information on extreme heat, visit <https://www.ready.gov/heat>. For more information about Greene County Public Health, please call 937-374-5600 or visit the website at www.greenecophoh.gov.

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