Public Health
Prevent. Promote. Protect.
Greene County

Greene County Public Health

Health Behaviors Key Findings

2025 Greene County Community Health Assessment

Health behaviors are actions and habits that individuals engage in, which can either promote or compromise their physical, mental, and social well-being. These behaviors encompass a wide range of activities, including diet, exercise, sleep, substance use, and preventive screenings and vaccines. In Greene County, understanding and addressing health behaviors is crucial for improving community health outcomes and ensuring a supportive environment for all residents.

How We Compare

Topic	Greene County, OH	Ohio	United States
No exercise[1] (2023) % of adults	19.2±2.5	22.8±0.4	20.7±0.1
Sexually transmitted infection incidence[2] (2023) cases per 100,000	400.3	664.0	717.2
Cigarette smoking rate[3,4] (2023) % of adults	12.9±2.4	14.1±0.9	10.9±0.2
Excessive drinking[4,5] (2022) % of adults	20.2±3.0	21.2±0.9	19.4±0.2
Sleeping less than 7 hours[3] (2022) % of adults	38.0±4.3	38.9±0.8	37.0±0.3

Exercise & Sleep

- Respondents getting at least 30 minutes of exercise 3+ days a week dropped from 61% in 2022 to 55%
  - Lack of time was listed as a barrier to exercise by 35% of respondents, increasing form 28% in 2022.
  - 39.6% of females cited time as a barrier, compared to 29.2% of men
- 46.8% of respondents averaged 7+ hours of sleep per night
- 24.6% of Black adults
- 26.7% of adults with a high school diploma or less
- Stress was the primary factor reported as disturbing sleep (47.5%)
- 54.2% of females
- 52.1% of White adults

STIs

- Rates of Chlamydia, Gonorrhea, and Syphilis decreased from 2022 to 2024[6]
- 10.8% of respondents received STI testing in the prior year
  - 21.2% of adults aged 18-39
  - 26% of individuals with 12-25k household income

Alcohol & Tobacco

- 17.7% of respondents had drunk alcohol 7+ days in the prior 30 days
  - 31.2% of Black adults
  - 27.9% of males
- 18.1% of respondents had used tobacco products in the prior 30 days
  - 28.7% of adults aged 18-39
  - 26.4% of males
  - 36.1% of Black adults

Vaping & Marijuana

- 16.8% of respondents had used e-cigarette products in the prior 30 days
  - 32.5% of adults 18-39
  - 36.7% of adults with <15k household income
  - 33.5% of Black adults
- 20% of respondents had used marijuana in the prior 30 days
  - 34.6% of adults aged 18-39
  - 39.8% of adults with a high school diploma or less
  - 39.7% of non-White adults

Data Sources: 1.) Centers for Disease Control and Prevention (CDC): United States Diabetes Surveillance System; 2.) Centers for Disease Control and Prevention (CDC): National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention: Atlas Plus; 3.) Centers for Disease Control and Prevention (CDC): PLACES; 4.) Behavioral Risk Factor Surveillance System (BRFSS); 5.) University of Wisconsin Population Health Institute: County Health Rankings; 6.) Ohio Department of Health: Sexually Transmitted Infections Data and Statistics