



Public Health

Prevent. Promote. Protect.

Greene County

# COMPLEX MEDICAL HELP

# NEWSLETTER WINTER

## 2026

### Who We Are

The Complex Medical Help (CMH) program is an Ohio Department of Health (ODH) initiative offered by Greene County Public Health. CMH connects families of children with special health care needs to a public health nurse (PHN) and a network of quality providers. The program functions as a backup insurance plan, helping families secure payment for the medically-eligible services their child requires.

### Preventing Colds & Flu

Because of the increased risk for flu, gastrointestinal, and respiratory illness at this time of the year, we ask that you take precautions to prevent the spread of germs.

**VACCINATION** with an annual flu vaccine is the most effective way to reduce your risk. It is recommended for everyone over 6 months old. Ideally, getting in late September or early October will ensure protection throughout the season.

**WASH** your hand for at least 30 seconds (sing Happy Birthday song twice) with soap & warm water.

**COVER** your mouth & nose when you cough or sneeze with your elbow or tissue.

**DON'T TOUCH** your eyes, nose or mouth. These are the areas where a virus can enter your body.

**AVOID** close contact with those who are sick. Wash your hands or use hand sanitizer after.

**STAY** home when sick & remain home until at least 24 hours after your fever has subsided without the use of fever reducing medications.

**CLEAN/DISINFECT** frequently touched surfaces in your home, workplace & school to reduce the spread of germs.

**HEALTHY HABITS** can help boost our immune system like getting enough sleep, avoid smoking, eating a balanced diet, getting regular physical activity & maintaining a moderate weight.

### Your CMH Nurses

#### MAE BRESTELLI, RN

937-308-5423 or

[mbrestelli@greenecophoh.gov](mailto:mbrestelli@greenecophoh.gov)

#### SUSIE BROOKS, RN

937-308-7010 or

[sbrooks@greenecophoh.gov](mailto:sbrooks@greenecophoh.gov)

### Reminders

- CMH Parent Line is (614) 466-1700
- The maximum age of eligibility for the Treatment Program increased to age 26 on 9/30/2025.
- Wait time for the entering & processing of CMH paperwork including Treatment Plan Renewals are approximately 3-6 months.
- The Treatment Plan does not cover services for mental health conditions like anxiety/depression or behavioral conditions like ADHD/ADD or an autism diagnosis.



### NEW Greene County Guides!

- [Greene County Community Resource Guide](#)
- [Greene County Food Resource Guide](#)

# CMH PROVIDERS IN THIS AREA



*When scheduling with a provider for your approved services, please verify that they still accept CMH. Unfortunately, changes do occur from time to time.*

Do you need help finding a medical provider? Give us a call!



## PEDIATRICIANS

### Pediatric Association of Dayton

- 937-320-1950 (Beavercreek)
- 937-832-7337 (Englewood)
- 937-436-2866 (Kettering)

Prime Med 937-320-3888 (Beavercreek)

### Ohio Pediatrics

- 937-236-5396 (Dayton)
- 937-299-2339 (Kettering)

## VISION

- **DCH Ophthalmology** 937-641-3000
- **Dayton Eye Association** 937-320-2020 (Beavercreek)
- **Bloom Family Eye Care** 937-723-7772

## GLASSES

- Clarkson Eyecare (**Milford ONLY**) 513-831-3166
- Pediatric Ophthalmology Associates (**Columbus**) 614-224-6222

## THERAPY SERVICES

- **ABC Pediatrics** 937-427-9200
- **Novacare (Columbus)** 937-320-9131
- **Synergy Family Therapies** 937-428-6273

## PEDIATRIC DENTISTS

- **Centerville Pediatric Dentistry** Centerville office only 937-586-7729
- **ABC Dental** 937-938-7678 (Huber Heights)
- **Beavercreek Pediatric Dentistry** Beavercreek office only \*accepts CMH as secondary only\* 937-468-4726
- **Orthodontist**
  - **Orthodontics Association-Lima** 419-229-8771

## DURABLE MEDICAL EQUIPMENT

- **Kaup** 1-866-526-0976
- **Byram** 1-800-303-2273
- **Pediatric Home Service** 614-790-0200
- **Hanger Clinic** 937-228-5462
- **Activ Styles** 1-800-651-6223
- **Fidelity Orthopedics** 937-228-0682
- **American Orthopedics** 937-342-0150

Not every child with a CMH LOA has prescription benefits, but for those who do, the pharmacy benefit information is:

- **Group#** ohchildren
- **BIN#** 610084
- **PCN:** drbcprod

